

High School Menu for Week 1

Station	Monday	Tuesday	Wednesday	Thursday	Friday
	Today's Featured Selection	Today's Featured Selection	Today's Featured Selection	Today's Featured Selection	Today's Featured Selection
	Pancakes Cheese Omelet Cinnamon Glazed Carrots	Chicken Nuggets Mashed Potatoes w/ Gravy Slice of Bread Broccoli	Cheeseburger on a Whole Grain Bun Baked French Fries Corn	Mini Corn Dogs Veggie Rice Baked Beans	Rotini and Meatsauce Garlic Bread Mixed Vegetables
 Cheese Pizza Available Daily	Pepperoni Pizza	Italian Sausage Pizza	Red Hot Chicken Pizza	Meat Lovers Pizza	Supreme Pizza
	Cheeseburger on a Whole Grain Bun Chili Cheese Dog on a Whole Grain Bun	Chicken Patty on a Whole Grain Bun BBQ Pork Rib on a Whole Grain Bun	Meatball Bomber on a Whole Grain Bun Spicy Chicken Patty on a Whole Grain Bun	Cheeseburger on a Whole Grain Bun Turkey Hotdog on a Whole Grain Bun	Chicken patty on a Whole Grain Bun Toasted Ham and Cheese on Whole Grain Bread
 Deli Meats, Cheese, Vegetable Toppings, Breads & Wraps Available Daily	Made To Order Wraps & Subs Cucumbers, Black Olives & Sliced Onions	Ham Chef Salad w/ Breadstick Cucumbers, Black Olives & Sliced Onions	Made To Order Wraps & Subs Cucumbers, Black Olives & Sliced Onions	Breaded Chicken Caesar Salad w/ Breadstick Cucumbers, Black Olives & Sliced Onions	Made To Order Wraps & Subs Cucumbers, Black Olives & Sliced Onions
 Nachos Available Daily	Beefy Nachos Combo'd with Veggie Rice Refried Beans	Chicken & Cheese Enchilada Combo'd with Steamed Brown Rice Mexican Black Beans	Beefy Nachos Combo'd with Cilantro Lime Rice Refried Beans	Cheese Quesadilla Combo'd with Mexican Rice Corn	Beefy Nachos Combo'd with Steamed Brown Rice Refried Beans
	Fresh Fruit And Assorted Fresh Vegetables Diced Pears	Fresh Cucumber Coins Romaine Salad Mix Fresh Cherry Tomatoes Fresh Fruit	Fresh Fruit And Assorted Fresh Vegetables Tropical Fruit	Fresh Cucumber Coins Romaine Salad Mix Fresh Cherry Tomatoes Fresh Fruit	Fresh Fruit And Assorted Fresh Vegetables Cinnamon Applesauce

Lunch Price \$2.70 Paid or \$.40 Reduced Meal

Adult Meal \$3.50 Milk 1/2 pint \$.30

Skim White Milk, 1% White Milk and Skim Chocolate Milk is offered with all meals

All Breads, Rice and Pasta are Whole Grain

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national, origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800)795-3272 or (202)720-6382 (TTY). This institution is an equal opportunity provider. MENU SUBJECT TO CHANGE.

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Menu Questions or Comments? Please call Director of Dining Services: Kim Peronto at (414) 294-2750

High School Menu for Week 2

Station	Monday	Tuesday	Wednesday	Thursday	Friday
	Today's Featured Selection	Today's Featured Selection	Today's Featured Selection	Today's Featured Selection	Today's Featured Selection
	Chicken Teriyaki Brown Rice Japanese Vegetables	Meatloaf Mashed Potatoes w/ Gravy Dinner Roll Carrots	Chicken Patty on a Whole Grain Bun Baked Potato Wedges Baked Beans	Turkey and Gravy Mashed Potatoes w/ Gravy Dinner Roll Broccoli	Chicken Parmesan Seasoned Pasta Breadstick Cauliflower
 Cheese Pizza Available Daily	Pepperoni Pizza	BBQ Chicken	Vegetable	Meat Lovers	Chicken Garlic
	Pizza	Pizza	Pizza	Pizza	Pizza
	Cheeseburger on a Whole Grain Bun	Spicy Chicken Patty on a Whole Grain Bun	Hotdog on a Whole Grain Bun	Chicken Cordon Bleu on a Whole Grain Bun	Cheeseburger on a Whole Grain Bun
	Chicken Patty on a Whole Grain Bun	Alpine Swiss Burger on a Whole Grain Bun	Hot Ham & Cheese on a Whole Grain Bun	Toasted Cheese on Whole Grain Bread	Chicken Patty on a Whole Grain Bun
 Deli Meats, Cheese, Vegetable Toppings, Breads & Wraps Available Daily	Made To Order Subs and Wraps	Chicken Popper Salad w/ Breadstick	Made To Order Subs and Wraps	Garden Salad w/ Breadstick	Made To Order Subs and Wraps
	Cucumbers, Black Olives & Sliced Onion	Cucumbers, Black Olives & Sliced Onions	Cucumbers, Black Olives & Sliced Onions	Cucumbers, Black Olives & Sliced Onions	Cucumbers, Black Olives & Sliced Onions
 Nachos Available Daily	Beef Nachos	Chicken Soft Shell Taco	Beef Nachos	Beef Enchilada	Beef Nachos
	Combo'd with: Veggie Brown Rice Refried Beans	Combo'd with: Steamed Brown Rice Mexican Pinto Beans	Combo'd with: Cilantro Lime Rice Refried Beans	Combo'd with: Brown Rice Corn	Combo'd with: Mexican Rice Refried Beans
	Fresh Fruit	Fresh Cucumber Coins	Pinto Bean Salad	Fresh Cucumber Coins	Fresh Fruit
	And Assorted Fresh Vegetables Diced Pears	Romaine Salad Mix Fresh Cherry Tomatoes Fresh Fruit	Fresh Fruit And Assorted Fresh Vegetables Tropical Fruit	Romaine Salad Mix Fresh Cherry Tomatoes Fresh Fruit	And Assorted Fresh Vegetables Pineapple Tidbits

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Adult Meal \$3.50 Milk 1/2 pint \$.30

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High School Menu for Week 3

Station	Monday	Tuesday	Wednesday	Thursday	Friday
	<u>Today's Featured Selection</u> Seasoned Pasta and Meatballs Breadstick Green Beans	<u>Today's Featured Selection</u> Chicken Nuggets Mashed Potatoes w/ Gravy Slice of Bread Carrots	<u>Today's Featured Selection</u> Mini Corn Dogs Baked Tator Tots Baked Beans	<u>Today's Featured Selection</u> French Toast Scrambled Eggs Hashbrown Capri Blend	<u>Today's Featured Selection</u> Chicken Alfredo Breadstick Broccoli
 Cheese Pizza Available Daily	Pepperoni Pizza	Italian Sausage Pizza	Supreme Pizza	Meat Lovers Pizza	Pepperoni & Jalapeno Pizza
	Cheeseburger on a Whole Grain Bun BBQ Pork Rib on a Whole Grain Bun	Chicken Patty on a Whole Grain Bun Turkey Hotdog on a Whole Grain Bun	Breaded Fish on a Whole Grain Bun Jalapeno Cheddar Burger on a Whole Grain Bun	Meatball Bomber on a Whole Grain Bun Spicy Chicken Patty on a Whole Grain Bun	Chicken Patty on a Whole Grain Bun Cheeseburger on a Whole Grain Bun
 Deli Meats, Cheese, Vegetable Toppings, Breads & Wraps Available Daily	Made to Order Subs and Wraps Cucumbers, Black Olives & Sliced Onions	Breaded Chicken Caesar Salad w/ Breadstick Cucumbers, Black Olives & Sliced Onions	Made to Order Subs and Wraps Cucumbers, Black Olives & Sliced Onions	Spicy Chicken Salad w/ Breadstick Cucumbers, Black Olives & Sliced Onions	Made to Order Subs and Wraps Cucumbers, Black Olives & Sliced Onions
 Nachos Available Daily	Beefy Nachos combo'd with Steamed Brown Rice Refried Beans	Chicken & Cheese Quesadilla combo'd with Mexican Rice Mexican Black Beans	Beefy Nachos combo'd with Veggie Rice Refried Beans	Beef Soft Shell Taco combo'd with Beans and Rice Corn	Beefy Nachos combo'd with Cilantro Lime Rice Refried Beans
	Fresh Fruit And Assorted Fresh Vegetables Applesauce	Fresh Cucumber Coins Romaine Salad Mix Fresh Cherry Tomatoes Fresh Fruit	Fresh Fruit and Assorted Fresh Vegetables Mandarin Oranges	Fresh Cucumber Coins Romaine Salad Mix Fresh Cherry Tomatoes Fresh Fruit	Fresh Fruit And Assorted Fresh Vegetables Fruit Cocktail

**Lunch Price \$2.70 Paid or \$.40 Reduced Meal
Adult Meal \$3.50 Milk 1/2 pint \$.30**

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High school Menu for Week 4

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	Swedish Meatballs	Sloppy Joe on a	Pizza Dippers w/	Baked Potato w/	Chicken Parmesan
	Mashed Potatoes	Whole Grain Bun	Sauce	Diced Ham and Cheese	Seasoned Pasta
	Slice of Bread	Baked French Fries	Rice	Dinner Roll	Breadstick
	Peas & Carrots	Corn	California Blend	Broccoli	Mixed Vegetables
 Cheese Pizza Available Daily	Chicken Garlic	Meat Lovers	Hawaiian	Pepperoni	Bacon Cheeseburger
	Pizza	Pizza	Pizza	Pizza	Pizza
	Hot Ham and Cheese on a Whole Grain Bun	BBQ Cheddar Burger on a Whole Grain Bun	Chicken Cordon Bleu on a Whole Grain Bun	Cheeseburger on a Whole Grain Bun	Chicken Patty on a Whole Grain Bun
	Pizza Burger on a Whole Grain Bun	Spicy Chicken on a Whole Grain Bun	Toasted Cheese on Whole Grain Bread	Turkey Hotdog on a Whole Grain Bun	Corn Dog
 Deli Meats, Cheese, Vegetable Toppings, Breads & Wraps Available Daily	Made to Order Wraps and Subs	Ham Chef Salad w/ Breadstick	Made to Order Wraps and Subs	Chicken Popper Salad w/ Breadstick	Made to Order Wraps and Subs
	Cucumbers, Black Olives & Sliced Onions	Cucumbers, Black Olives & Sliced Onions	Cucumbers, Black Olives & Sliced Onions	Cucumbers, Black Olives & Sliced Onions	Cucumbers, Black Olives & Sliced Onions
 Nachos Available Daily	Beefy Nachos	Chicken Fajita	Beefy Nachos	Beef Soft Shell Taco	Beefy Nachos
	combo'd with	combo'd with	combo'd with	combo'd with	combo'd with
	Mexican Rice	Dirty Brown Rice	Cilantro Lime Rice	Steamed Brown Rice	Veggie Rice
	Refried Beans	Mexican Black Beans	Refried Beans	Corn	Refried Beans
	Fresh Fruit	Fresh Cucumber Coins	Black Bean Salad	Fresh Cucumber Coins	Fresh Fruit
	And	Romaine Salad Mix	Fresh Fruit and	Romaine Salad Mix	And
	Assorted Fresh Vegetables	Fresh Cherry Tomatoes	Assorted Fresh Vegetables	Fresh Cherry Tomatoes	Assorted Fresh Vegetables
	Diced Peaches	Fresh Fruit	Tropical Fruit	Fresh Fruit	Diced Pears

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Adult Meal \$3.50 Milk 1/2 pint \$.30

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